



Port Football Club

Port Bulldogs in 2011 Time to bite back

It is with a great sense of excitement and expectation that the Port Football Club looks forward to the 102nd year of our club.

The disappointments of last year has forced the club to reassess all that we do and has refocussed us to look at all aspects of our footy from the top down. Whilst the players were no doubt hurting from 2010 it is important to acknowledge that this club has a huge following in the town and each and every supporter felt the strain as well. The difference is we are the ones entrusted in turning that around for all.

The season was not a total write off though as the positives that emerged were significant and hold us in great stead for the future. These include

- The way the playing group stuck tight & didn't splinter as other teams in a similar situation have in the past
- We were able to get significant playing time into players on the next tier highlighting to them where they need to be to be good league players
- The strong group of lads that will move up to senior ranks full time after the stellar finish to the 2010, plus other junior players that will push for league games.
- The continued success of our premiership u13 and u15 sides reinforcing the exciting future ahead.



In my second year as senior coach in 2011 its my job to focus on the areas I can influence—our on field performances.

In short the areas we will work on are

Objective – To have all players perform at their best level whilst maintaining their enjoyment of the game. Work toward winning the first game, winning enough games to give a our best opportunity to mount a successful final series– we know what we want.

Style of Play –I will expand on this more during the pre season but in short we will concentrate on

- Team 1st defensive skills and intensity (1%ers) all over the ground but with emphasis on scoring heavily
- Flexibility of players in multiple positions making it harder for opposition to match up
- Zoned defensive kick outs

Expectations

- Training -We will maintain our trainings on Tuesday and Thursday, intensity over duration. Be on time, do the work and get off!
- Respect-Everyone must show the respect to do these things as a team to reap the rewards. Respect for your fellow players, the coaching staff, the supporters and the great family culture the club has. We all like a beer and we are all here to enjoy our footy as a great part of our life. Drugs has no place in our club.
- Preparation-Whether it be your condition for pre-season, focus for training or the night before a game we must be focussed on how we achieve the best results for the club– Preparation is the key!

Player List

We have been successful in bolstering our playing stocks. Added to the growth expected from current players we are looking promising. We respect & welcome all players but need your help with this. **Let us know of possible players that may be want to join us.**

There is already a strong social calendar set-up for next year by the players committee & I encourage the lads to get involved. It is very important that a successful

PREMIERS 1909, 1912, 1914, 1915,
1920, 1921, 1923, 1927, 1937, 1939, 1948,
1951, 1955, 1956, 1958, 1959, 1960, 1961,
1965, 1966, 1967, 1970, 1997, 1998, 1999,
2002, 2003, 2004, 2007 & 2008

side plays AND socializes together to enjoy footy both on & off field. That's why we play!!!!

Coaching

We welcome back **Don DePalma** to the colts to continue the outstanding work **Matty & Hoiley** have done in the past. This is a huge plus for us. Add to this we have enlisted & welcome the addition of **Andrew Waters** as a fitness coach and also the return of **Michael Burford** to work with the midfield. Clearly all of these people added to the exceptional knowledge and advice I get from seconds coach **Chris Pollard** stands us in outstanding stead.

Reporting -All team listings, game write-ups and stats 1%ers will be used and analysed and supplied to all players via the changerooms, facebook, sms messaging and www.portfc.com.au as required etc after all games.

Timelines- The season starts very late so we will delay our start slightly as we want to be running strong come September, not jaded from 9/10 months of training!

Pre season Optional Thurs 13/20/27 Jan
Compulsory starts Tues 8th Feb (Tue/Thu)

Pre Season Camp -Late Jan/Feb to Stansbury

Trial Games 2 Games early April v quality sides between Adel & Pirie (trying BBH & another)

First Game Vs Solomontown Sat 30th April
Massive clash 12 solid weeks after pre-season starts.

It doesn't just happen, we make it happen.
Good Luck and best wishes for a great year.
Matt Ganley Senior Coach 0412816668

